

Sarasota Catering Company

Salads



Strawberry Salad

Sweet Mixed Greens, Toasted Pecans, Red Onion Slivers and Sliced Strawberries with a Creamy Raspberry Vinaigrette

Gorgonzola and Poached Pear Salad*

Sweet Spring Mix, Gorgonzola Cheese Crumbles, Poached Pear Slices and Toasted Pine Nuts with Balsamic Vinaigrette

Caesar Salad with Parmesan Crisps* Romaine Lettuce, Parmesan Cheese, Homemade Garlic Croutons and Classic Caesar Dressing

Spinach Salad

Fresh Spinach, Sliced Mushrooms, Sliced Hardboiled Egg and Red Onion Slivers with Hot Bacon Dressing

Tomato Salad

Slices of Fresh Tomato topped with Basil Honey Vinaigrette and Fresh Basil

Mushroom Salad

Sliced Mushrooms marinated with Lemon Juice, Olive Oil, Parsley, Salt and Pepper

Italian Salad

Romaine Lettuce, Homemade Garlic Croutons, Tomato, Asiago Cheese with a Fig Citrus Vinaigrette

Carrot and Orange Salad

Shredded Carrots, Orange Supremes and Toasted Pine Nuts in a Fig Citrus Vinaigrette

Greek Salad

Iceberg Lettuce, Kalamata Olives, Cucumber, Feta, Pepperoncini Peppers and Tomato Wedges with a Greek Vinaigrette

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Caribbean Salad

Orange Supremes, Beets, Carrots, Cabbage Shreds, Sweet Peppers and Pineapple decorated with Parsley in a Citrus Vinaigrette

Mandarin Orange and Almond Salad

Mixed Greens, Mandarin Oranges, Carrots and Buttermilk Blue Cheese served with a Fig Citrus Vinaigrette

Asian Spinach Salad

Baby Spinach Greens, Mandarin Oranges, Pecans, Julienne Red Pepper, Red Cabbage Shreds and Crisp Wonton Noodles with an Asian Vinaigrette

Antipasto Salad*

Romaine Lettuce, Grape Tomatoes, Garbanzo Beans, Ciliegine Mozzarella, Black Olives, Artichoke Hearts and Salami with Italian Dressing

Avocado Salad

Iceberg Lettuce, Avocado Slices, Pepitas, Onion, Green Peppers and Tomato with a Cilantro Vinaigrette

Caprese Salad

Fresh Mozzarella Cheese and Sliced Tomatoes Drizzled with Balsamic Vinaigrette and topped with Basil

Hearts of Palm Salad*

Hearts of Palm with Romaine, Bibb and Radicchio Lettuce, Cherry Tomatoes, Red Onion, Green Peppers, Shredded Carrots, Blanched Broccoli Florets, Garbanzo Beans and Roasted Red Peppers with a Balsamic Vinaigrette

Wedge Salad

Iceberg Lettuce, tomatoes, bacon bits and blue cheese dressing and chopped green onion make this classic salad

Mixed Green Salad

Mixed Greens with Tomato, Peppers, Julienne Carrots and Red Cabbage Shreds.

Farmers Market Salad*

Mixed Greens with Cucumber, Red Onions, Radishes, Green Beans, Zucchini, Yellow Squash, Tomato and Carrot.

Choice of Dressings for Mixed Green and Farmers Market Salad:

Creamy Raspberry Vinaigrette, Balsamic Vinaigrette, Fig Citrus Vinaigrette, Asian, Golden Italian, Ranch or Blue Cheese

*This item at an additional price

