

Sarasota Catering Company

Salads

Gorgonzola and Poached Pear Salad

Sweet Spring Mix, Gorgonzola Cheese Crumbles, Poached Pear Slices and Toasted Pine Nuts with Balsamic Vinaigrette

Strawberry Salad

Sweet Mixed Greens, Toasted Pecans, Red Onion Slivers and Sliced Strawberries with a Creamy Raspberry Vinaigrette

Caesar Salad with Parmesan Crisps

Romaine Lettuce, Parmesan Cheese, Homemade Garlic Croutons and Classic Caesar Dressing

Spinach Salad

Fresh Spinach, Sliced Mushrooms, Sliced Hardboiled Egg and Red Onion Slivers with Hot Bacon Dressing

Tomato Salad

Slices of Fresh Tomato topped with Basil Honey Vinaigrette and Fresh Basil

Mushroom Salad

Sliced Mushrooms marinated with Lemon Juice, Olive Oil, Parsley, Salt and Pepper

Italian Salad

Romaine Lettuce, Homemade Garlic Croutons, Tomato, Asiago Cheese with a Fig Citrus Vinaigrette

Carrot and Orange Salad

Shredded Carrots, Orange Supremes and Toasted Pine Nuts in a Fig Citrus Vinaigrette

Greek Salad

Iceberg Lettuce, Kalamata Olives, Cucumber, Feta, Pepperoncini Peppers and Tomato Wedges with a Greek Vinaigrette

Upside Down Caesar Salad

Parmesan Custard on Top of a Garlic Crostini in a Pool of Caesar Dressing and topped with Romaine Lettuce

Caribbean Salad

Orange Supremes, Beets, Carrots, Cabbage Shreds, Sweet Peppers and Pineapple decorated with Parsley in a Citrus Vinaigrette

Mandarin Orange and Almond Salad

Mixed Greens, Mandarin Oranges, Carrots and Buttermilk Blue Cheese served with a Fig Citrus Vinaigrette

Asian Spinach Salad

Baby Spinach Greens, Mandarin Oranges, Pecans, Julienne Red Pepper, Red Cabbage Shreds and Crisp Wonton Noodles with an Asian Vinaigrette

Antipasto Salad

Romaine Lettuce, Grape Tomatoes, Garbanzo Beans, Ciliegine Mozzarella, Black Olives, Artichoke Hearts and Salami with Italian Dressing

Avocado Salad

Iceberg Lettuce, Avocado Slices, Pepitas, Onion, Green Peppers and Tomato with a Cilantro Vinaigrette

Caprese Salad

Fresh Mozzarella Cheese and Sliced Tomatoes Drizzled with Balsamic Vinaigrette and topped with Basil

Hearts of Palm Salad

Hearts of Palm with Romaine, Bibb and Radicchio Lettuce, Cherry Tomatoes, Red Onion, Green Peppers, Shredded Carrots, Blanched Broccoli Florets, Garbanzo Beans and Roasted Red Peppers with a Balsamic Vinaigrette

Mixed Green Salad

Mixed Greens with Tomato, Peppers, Julienne Carrots and Red Cabbage Shreds.

Farmers Market Salad

Mixed Greens with Cucumber, Red Onions, Radishes, Green Beans, Zucchini, Yellow Squash, Tomato and Carrot.

Choice of Dressings for Mixed Green and

Farmers Market Salad: Creamy Raspberry Vinaigrette, Balsamic Vinaigrette, Fig Citrus Vinaigrette, Asian, Golden Italian, Ranch or Blue Cheese